

MODULE CMH1060: HOME CARE 1

Level: Introductory

Theme: Skills for Caring

Prerequisite: None

Module Description: Students study the roles, rights and responsibilities, communication and management skills necessary to providing home care. To further gain understanding of home care, students study the promotion and maintenance of a healthy integumentary system. Community support resources are identified.

Module Parameters: No specialized equipment or facilities.

Curriculum and Assessment Standards

Module Learner Expectations	Assessment Criteria and Conditions	Suggested Emphasis
<p><i>The student will:</i></p> <ul style="list-style-type: none">describe the impact on the individual and his or her family when home care is required	<p><i>Assessment of student achievement should be based on</i></p> <ul style="list-style-type: none">an applied problem-solving activity in which the student analyzes three scenarios to assess the impact on the individual and family when home care is required. <p><i>Assessment Tool</i> <i>CMHSCN: Scenarios</i> <i>CMH1060-1: Home Care: Sample Scenarios</i></p> <p><i>Standard</i> <i>Performance rating of 1 on the rating scale for each scenario</i></p>	15
<ul style="list-style-type: none">describe the management of home care with respect to:<ul style="list-style-type: none">roles, rights and responsibilities of caregiverssupport resources availableimportance of providing respite care for the primary caregiver	<ul style="list-style-type: none">a presentation/report in which the student:<ul style="list-style-type: none">describes a minimum of five roles and rights/responsibilities of caregiversdescribes five support resources availabledescribes three alternatives for respite care for the primary caregiver. <p><i>Assessment Tool</i> <i>CMH1060-2: Home Care Management Tasks</i></p> <p><i>Standard</i> <i>Performance rating of 1 on the rating scale</i></p>	15

MODULE CMH1060: HOME CARE 1 (continued)

Module Learner Expectations	Assessment Criteria and Conditions	Suggested Emphasis
<p><i>The student will:</i></p> <ul style="list-style-type: none"> • identify and describe factors related to promoting and maintaining a healthy integumentary system • demonstrate procedures for providing effective home care • demonstrate basic competencies. 	<p><i>Assessment of student achievement should be based on</i></p> <ul style="list-style-type: none"> • a concept test consisting of a minimum of 30 questions indicating knowledge of the anatomy, physiology, pathology and care of the integumentary system. <p><i>Assessment Tool</i> <i>CMH1060–3: Concept Test: Integumentary</i> <i>Sample Questions</i></p> <p><i>Standard</i> <i>Performance rating of 50%</i></p>	<p>20</p>
	<ul style="list-style-type: none"> • practical activity in which student demonstrates skin care needs and promotion of healthy skin. <p><i>Assessment Tool</i> <i>CMHHCS: Home Care Skills: Home Care 1</i></p> <p><i>Standard</i> <i>Performance rating of 3 on the rating scale</i></p>	<p>10</p>
	<ul style="list-style-type: none"> • practical activities in which the student demonstrates: <ul style="list-style-type: none"> – three environmental adaptations – three equipment adaptations – aseptic techniques – taking and recording vital signs – applications of hot and cold treatments (dry and moist) – application of simple sterile dressings – proper body mechanics. <p><i>Assessment Tool</i> <i>CMHHCS: Home Care Skills: Home Care 1</i></p> <p><i>Standard</i> <i>Performance rating of 3 on each skill</i></p>	<p>40</p>
<ul style="list-style-type: none"> • observations of individual effort and interpersonal interaction during the learning process. <p><i>Assessment Tool</i> <i>Basic Competencies Reference Guide and any assessment tools noted above</i></p>	<p>Integrated throughout</p>	

MODULE CMH1060: HOME CARE 1 (continued)

Concept	Specific Learner Expectations	Notes
The Nature of the Family	<p><i>The student should:</i></p> <ul style="list-style-type: none"> • examine situations that require adaptations in the home to care for a family member • identify how home health care affects family dynamics • identify basic needs and assess the level of care required considering lifespan stages and cultural diversities • identify resources within the family to meet these needs • identify availability of community health resources that provide additional support services. 	<ul style="list-style-type: none"> • Early discharges • Home care for challenged individuals. <p>E.g.: nutrition, grooming and hygiene, physical, social and emotional comfort.</p> <ul style="list-style-type: none"> • Home care—private agencies • Rehab • Nursing • Housekeeping.
Management	<ul style="list-style-type: none"> • explain the roles, rights and responsibilities of a caregiver in the home considering: <ul style="list-style-type: none"> – individual values – promoting independence – communication with the individual, family members and members of the health team – personal grooming, hygiene, nutrition – ensuring a safe and comfortable environment – personal services – basic housekeeping tasks – ethical and legal responsibilities • describe the importance of maintaining the personal well-being of the caregiver • describe the importance of providing respite care to the primary caregiver. 	<p>Cultural diversities.</p> <p>Lifespan stages.</p> <p>Banking, appointments, groceries, mail, pet care, prescriptions, transportation.</p> <p>Care for the caregiver.</p>
The Healthy Body	<ul style="list-style-type: none"> • identify and understand the basic anatomy and physiology of the integumentary system—differentiating the layers, underlying tissues, accessory organs and appendages 	<ul style="list-style-type: none"> • Diagrams, models.

MODULE CMH1060: HOME CARE 1 (continued)

Concept	Specific Learner Expectations	Notes
The Healthy Body (continued)	<p><i>The student should:</i></p> <ul style="list-style-type: none"> • list the signs and symptoms, possible treatments and prevention of a variety of skin disorders. 	<ul style="list-style-type: none"> • Consider acne, impetigo, chickenpox, measles, athlete's foot, skin cancer, etc. • Diagram, poster, demonstration (massage, back rub, partial bath, manicure).
Observation, Assessment and Application	<ul style="list-style-type: none"> • describe how to adapt the environment and equipment • use and evaluate proper aseptic techniques with regard to handwashing, cleaning and maintaining supplies and equipment, proper use and disposal of barrier devices • define the importance of and demonstrate proper techniques for taking and recording vital signs • identify and analyze various situations that may require applications of hot and cold treatments and dressings as may be prescribed by a health care professional • demonstrate the application of hot and cold treatments (dry and moist) and of dressings (simple, sterile) • identify the principles of and demonstrate proper body mechanics when performing tasks and/or personal care: <ul style="list-style-type: none"> – lifting, pulling, pushing – assisting with body positioning, transferring – lifting devices, mechanical aids, safety devices. 	<ul style="list-style-type: none"> • Cultural diversities • Individual's personality • Lifespan stages. • Universal precautions • Gloves • Masks • etc. • Physiotherapist.