

**MODULE CMH2060: HOME CARE 2 (PERSONAL CARE SERVICES)****Level:** Intermediate**Theme:** Skills for Caring**Prerequisite:** CMH1060 Home Care 1**Module Description:** Students identify and demonstrate the skills necessary to provide personal care services for individuals with special needs, recognizing the impact on the individual and family members.**Module Parameters:** Access to instruction from an individual with formal, specialized training in health care skills.**Supporting Module:** A project module from Career Transitions in a community care facility will enhance student learning in this area.**Curriculum and Assessment Standards**

Module Learner Expectations	Assessment Criteria and Conditions	Suggested Emphasis
<p><i>The student will:</i></p> <ul style="list-style-type: none"> <li>identify the basic needs of client, caregiver and the client's family</li> </ul>	<p><i>Assessment of student achievement should be based on:</i></p> <ul style="list-style-type: none"> <li>applied problem solving in which the student, given three scenarios, describes the holistic needs of the client, the caregiver and the client's family.</li> </ul> <p><i>Assessment Tool</i> <i>CMHSCN: Scenarios</i></p> <p><i>Standard</i> <i>Performance rating of 2 on the rating scale for each scenario</i></p>	10
<ul style="list-style-type: none"> <li>demonstrate personal care recording and reporting procedures</li> </ul>	<ul style="list-style-type: none"> <li>practical charting activities in which the student prepares clear, concise written notes and verbal reports.</li> </ul> <p><i>Assessment Tool</i> <i>CMHHCS: Home Care Skills: Home Care 2</i></p> <p><i>Standard</i> <i>Performance rating of 3 on the rating scale</i></p>	10



**MODULE CMH2060: HOME CARE 2 (PERSONAL CARE SERVICES) (continued)**

Module Learner Expectations	Assessment Criteria and Conditions	Suggested Emphasis
<p><i>The student will:</i></p> <ul style="list-style-type: none"> <li>demonstrate basic competencies.</li> </ul>	<p><i>Assessment of student achievement should be based on:</i></p> <ul style="list-style-type: none"> <li>observations of individual effort and interpersonal interaction during the learning process.</li> </ul> <p><i>Assessment Tool</i>  <i>Basic Competencies Reference Guide and any assessment tools noted above</i></p>	<p>Integrated throughout</p>

Concept	Specific Learner Expectations	Notes
<p>Health Promotion</p>	<p><i>The student should:</i></p> <ul style="list-style-type: none"> <li>describe the characteristics of physical, emotional, economic and social health as they apply to both client and caregiver, applying a basic understanding of the lifespan.</li> </ul>	<ul style="list-style-type: none"> <li>Maslow’s Hierarchy.</li> <li>Developmental tasks through lifespan.</li> </ul>
<p>Observation, Assessment and Application</p>	<ul style="list-style-type: none"> <li>identify special conditions related to the body systems; e.g.: cancer, arthritis, osteoporosis, Parkinson’s, epilepsy, spinal cord injuries, diabetes, multiple sclerosis, cerebral palsy, asthma, including: <ul style="list-style-type: none"> <li>disease processes</li> <li>heredity factors</li> <li>aging components</li> <li>care required</li> </ul> </li> <li>outline the impact of these conditions on the individual, the caregiver, the family and the community</li> <li>identify community support resources available</li> </ul>	<p>Use resources from specific community agencies.</p>

**MODULE CMH2060: HOME CARE 2 (PERSONAL CARE SERVICES) (continued)**

Concept	Specific Learner Expectations	Notes
<p>Observation, Assessment and Application (continued)</p>	<p><i>The student should:</i></p> <ul style="list-style-type: none"> <li>• identify the nutritional requirements of individuals with special dietary needs considering:               <ul style="list-style-type: none"> <li>– four food groups</li> <li>– well-balanced diet</li> <li>– presentation of meals</li> <li>– meals to promote recovery</li> <li>– cultural</li> <li>– special diets</li> <li>– physical problems</li> </ul> </li> <li>• describe and/or demonstrate personal care skills necessary in the following areas:               <ul style="list-style-type: none"> <li>– bed bath, tub or shower</li> <li>– mouth care (dentures or other)</li> <li>– skin care, shaving, massage, foot, nail, and hair care</li> <li>– bowel/bladder elimination (bed pan, urinal or commode)</li> <li>– feeding</li> <li>– dressing a client</li> <li>– positioning to prevent skin breakdown</li> <li>– range of motion exercises</li> <li>– transferring a person</li> <li>– bed making (closed, open or occupied), accessory bed devices</li> <li>– cast care</li> <li>– aids or prostheses</li> </ul> </li> <li>• identify guidelines for recording and reporting procedures, employing the senses and demonstrating components of client observation (body systems, emotional, and social):               <ul style="list-style-type: none"> <li>– observe and report observations effectively, explaining their importance and distinguishing between the separate categories (facts and opinions)</li> <li>– prepare clear and concise written and verbal reports</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• <i>Canada's Food Guide to Healthy Eating.</i></li> <li>• Module FOD3010 Food Through the Lifecycle.</li> </ul> <p>Plan, prepare and evaluate meals to meet the requirements of a person with special needs.</p> <ul style="list-style-type: none"> <li>• Types of baths.</li> <li>• Equipment necessary.</li> <li>• Health promotion.</li> <li>• Consider cultural diversity, personality, privacy issue, lifespan stages.</li> <li>• Universal precautions for infection control (including gloves and masks when appropriate).</li> </ul> <p>Use community resources:</p> <ul style="list-style-type: none"> <li>• Use physiotherapists as resources.</li> </ul> <ul style="list-style-type: none"> <li>• Dignity and privacy.</li> <li>• Review basic aseptic techniques.</li> </ul> <p>Observation and communication skills in:</p> <ul style="list-style-type: none"> <li>• Self-awareness.</li> <li>• Appropriate feedback.</li> <li>• Biological needs.</li> <li>• Psychological needs.</li> </ul>

**MODULE CMH2060: HOME CARE 2 (PERSONAL CARE SERVICES) (continued)**

Concept	Specific Learner Expectations	Notes
Observation, Assessment and Application (continued)	<p><i>The student should:</i></p> <ul style="list-style-type: none"> <li>• define principles of rehabilitation with a focus towards maximizing the client’s abilities</li> <li>• research activities and interests that would promote wellness.</li> </ul>	<p>Occupational/recreational therapists. Physiotherapists. Respiratory therapists.</p>
Career Exploration	<ul style="list-style-type: none"> <li>• list personal knowledge, skills and abilities, and relate them to career options in one of the following areas: continuing care centre, active treatment or rehabilitation, private duty registry, community health services.</li> </ul>	

