

MODULE CMH2120: FIRST AID/CPR**Level:** Intermediate**Theme:** Injury Prevention**Prerequisite:** None**Module Description:** Students study first-aid skills, and demonstrate techniques and procedures for dealing with emergency situations.**Module Parameters:** Access to instruction from an individual with a **current instructor's certificate in First Aid and CPR.****Note:** Students qualify for a **Standard First Aid Certificate** when they meet the competencies specified by the credentialling agencies.**Curriculum and Assessment Standards**

Module Learner Expectations	Assessment Criteria and Conditions	Suggested Emphasis
<p><i>The student will:</i></p> <ul style="list-style-type: none"> identify the roles and responsibilities of the first-aider 	<p><i>Assessment of student achievement should be based on:</i></p> <ul style="list-style-type: none"> a concept test consisting of a minimum of 50 questions. <p><i>Assessment Tool</i> <i>Theory examination from the credentialling agency</i></p> <p><i>Standard</i> <i>Performance rating as required for certification by the certifying agency or 50% for module credit</i></p>	5
<ul style="list-style-type: none"> identify situations and recommend solutions to life-threatening emergencies 	<ul style="list-style-type: none"> a practical problem-solving activity in which the student, using a minimum of three scenarios, identifies the situation and describes the necessary first-aid procedures. <p><i>Assessment Tool</i> <i>CMHSCN: Scenarios</i> <i>CMH2120-1: First Aid: Sample Scenarios</i></p> <p><i>Standard</i> <i>Performance rating of 2 on the rating scale for each scenario</i></p>	25

MODULE CMH2120: FIRST AID/CPR (continued)

Module Learner Expectations	Assessment Criteria and Conditions	Suggested Emphasis
<p><i>The student will:</i></p> <ul style="list-style-type: none"> • demonstrate first-aid procedures required in emergency situations • describe how to meet the physical, emotional, psychological and social needs of all individuals involved in an emergency • describe a personal action plan to prevent emergency situations and injuries at home, at work and in the community • demonstrate basic competencies. 	<p><i>Assessment of student achievement should be based on:</i></p> <ul style="list-style-type: none"> • practical activities in which the student describes the roles and responsibilities of a first-aider, demonstrates all skills and describes the holistic care of all individuals involved in the emergency. <p><i>Assessment Tool</i> <i>Practical examination checklist from credentialling agency</i></p> <p><i>Standard</i> <i>Performance rating as required for certification</i></p> <ul style="list-style-type: none"> • applied problem solving in which the student presents a personal action plan that will prevent emergency situations and injuries. <p><i>Assessment Tool</i> <i>CMHPAP: Personal Action Plan</i></p> <p><i>Standard</i> <i>Performance rating of 2 on the rating scale</i></p> <ul style="list-style-type: none"> • observations of individual effort and interpersonal interaction during the learning process. <p><i>Assessment Tool</i> <i>Basic Competencies Reference Guide and any assessment tools noted above</i></p>	<p>60</p> <p>10</p> <p>Integrated throughout</p>

MODULE CMH2120: FIRST AID/CPR (continued)

Concept	Specific Learner Expectations	Notes
<p>Introduction to First Aid</p> <ul style="list-style-type: none"> • Safety Promotion • Ethics 	<p><i>The student should:</i></p> <ul style="list-style-type: none"> • outline the objectives of first aid • describe the role and responsibilities of a first-aider • state the universal precautions in first aid • identify preparations for emergencies: <ul style="list-style-type: none"> – first-aid kit – family records – emergency telephone numbers – identifying hazards and associated risks • outline the legal implications of performing first-aid: <ul style="list-style-type: none"> – Good Samaritan Law (<i>Emergency Medical Act</i>) – permission to act (consent) – state principles of confidentiality. 	
<p>Observation, Assessment and Application</p>	<ul style="list-style-type: none"> • demonstrate the principles of emergency scene management including: <ul style="list-style-type: none"> – scene survey – primary survey (ABC) – secondary survey – ongoing casualty care. • outline the causes of injuries and demonstrate first-aid procedures for the following: <ul style="list-style-type: none"> – shock, unconsciousness and fainting – respiratory arrest (adult), assisted breathing – choking (adult) – severe bleeding, amputations and internal bleeding – cardiac arrest (one-rescuer CPR-adult) – secondary survey – bone and joint injuries 	<p>Sequence of steps when arriving at the scene.</p> <p>Care given while waiting for medical help.</p> <p>Videos. Teacher demonstration. Student practice. Student demonstration.</p> <p>Skill performance evaluation.</p> <p>Humerus, radius and ulna, femur, tibia and fibula.</p>

MODULE CMH2120: FIRST AID/CPR (continued)

Concept	Specific Learner Expectations	Notes
Observation, Assessment and Application (continued)	<p><i>The student should:</i></p> <ul style="list-style-type: none"> • identify the causes of injuries and demonstrate first-aid procedures for the following: <ul style="list-style-type: none"> – head/spinal and pelvic injuries – chest injuries – wound care – multiple casualty management – rescue carries – eye injuries – burns – poisons, bites, stings – medical conditions – environmental illnesses and injuries – emergency childbirth and miscarriage. 	<p>Head/spinal precautions.</p> <p>Triage.</p> <p>Diabetic crisis, convulsions, asthma, allergies. Heat illnesses, cold injuries.</p>
Management	<ul style="list-style-type: none"> • identify emotional and psychological needs of the casualty and family which must be addressed during an emergency situation: <ul style="list-style-type: none"> – normal reactions – fear and crisis – cultural component • describe barriers to action that may influence the actions of the first-aider: <ul style="list-style-type: none"> – fear of imperfect performance – reluctance to take charge – fear of infection – nature of the injury – fear of being sued – cultural beliefs. 	<p>Child abuse victims.</p>
Health Promotion	<ul style="list-style-type: none"> • prepare a personal action plan for preventing emergency situations including safety guidelines at home, at work, in a motor vehicle and at play. 	<p>Resource: <i>Occupational Health and Safety</i> magazine.</p>
Career Exploration	<ul style="list-style-type: none"> • identify career opportunities that are available in the first-aid community including prerequisites, education/training, working conditions, salaries and employment and entrepreneur opportunities. 	