

MODULE CMH3060: HOME CARE 3 (SPECIAL CONDITIONS)**Level:** Advanced**Theme:** Skills for Caring**Prerequisite:** CMH2060 Home Care 2 (Personal Care Services)**Module Description:** Students continue to learn about home care as it relates to special conditions, special treatments, loss, long-term care and the palliative process.**Note:** This module includes concepts that may be particularly sensitive to students, parents or community members.**Module Parameters:** Access to instruction from an individual with formal, specialized training in home care skills.**Supporting Module:** A project module from Career Transitions in a community care facility will enhance student learning in this area.**Curriculum and Assessment Standards**

Module Learner Expectations	Assessment Criteria and Conditions	Suggested Emphasis
<p><i>The student will:</i></p> <ul style="list-style-type: none"> identify individuals with special needs or conditions, safety requirements, and demonstrate or describe the skills necessary to assist with special care treatments 	<p><i>Assessment of student achievement should be based on:</i></p> <ul style="list-style-type: none"> practical problem-solving activities in which the student describes or demonstrates the skills and safety precautions required for individual with special needs, including: <ul style="list-style-type: none"> bedridden and non-ambulatory individuals individuals with prostheses individuals with specific respiratory needs individuals with incontinence and elimination needs individuals requiring diagnostic tests supervision of medications. <p><i>Assessment Tool</i> <i>CMHHCS: Home Care Skills: Home Care 3</i></p> <p><i>Standard</i> <i>Performance rating of 3 on each skill</i></p>	60
<ul style="list-style-type: none"> describe home care as it relates to loss, long-term care, and the palliative process 	<ul style="list-style-type: none"> identifying stages of dying, the grief process and addressing the care and support required for the individual, the family and the caregivers. <p><i>Assessment Tool</i> <i>CMH3060-1: Presentations/Reports: Death and Dying</i></p> <p><i>Standard</i> <i>Performance rating of 3 on the rating scale</i></p>	30

MODULE CMH3060: HOME CARE 3 (SPECIAL CONDITIONS) (continued)

Concept	Specific Learner Expectations	Notes
<p>Observation, Assessment and Application (continued)</p>	<p><i>The student should:</i></p> <ul style="list-style-type: none"> • describe the skills, safety practices and necessary equipment required to assist or perform special care treatments for: <ul style="list-style-type: none"> – bedridden and non-ambulatory individuals: <ul style="list-style-type: none"> • prevention of pressure areas using available aids • maintenance of adequate lung function using deep breathing exercises, spirometers and respiratory aids • maintenance of adequate circulation using aids to maintain muscular strength and exercises – individuals with a prosthesis: <ul style="list-style-type: none"> • use of hearing and visual aids, limbs, braces, splints, casts • assistance with ambulation, such as crutches, walkers, wheelchairs, electric carts – individuals with specific respiratory needs: <ul style="list-style-type: none"> • use of supplemental oxygen • use of steam inhalation, cold vaporizers – individuals with incontinence and elimination needs: <ul style="list-style-type: none"> • recording intake and output • catheter care (observe catheterization), urinary drainage devices • ostomy care • suppositories, enemas – individuals requiring diagnostic tests: <ul style="list-style-type: none"> • collecting urine, stool and sputum specimens • home glucometer testing (diabetics) • interpreting results of urine tests, blood tests • home preparations for X-rays, blood tests. 	<p>Discuss the safety precautions necessary for caregiver and individual including:</p> <ul style="list-style-type: none"> • universal precautions (infection control) • proper body mechanics <p>Community work placements may provide additional practical time.</p>

MODULE CMH3060: HOME CARE 3 (SPECIAL CONDITIONS) (continued)

Concept	Specific Learner Expectations	Notes
Safety	<p><i>The student should:</i></p> <ul style="list-style-type: none"> • identify the safety components related to the supervision of medications: <ul style="list-style-type: none"> – five rights (person, medication, time, method, amount) – routes (oral, buccal, sublingual, rectal, injectable, topical, transdermal, inhalation) – types (pills, lozenges, liquids, drops, ointments, skin patches, injections, suppositories, inhalers) – observing and reporting to health professionals side-effects and degree of tolerance of medication by individuals. 	<p>Pharmacy labels on medication containers.</p> <ul style="list-style-type: none"> • instructions. • precautions for specific medication.
Management	<ul style="list-style-type: none"> • identify potential impacts of “loss” on physical, mental and social aspects of living • describe the importance of maintaining the individual’s dignity and privacy and examine ways of accomplishing this • outline and describe the procedures for admission to, transfer and discharge from a treatment centre: <ul style="list-style-type: none"> – social and emotional aspects – family resources – interpreting and compiling the individual’s care record • identify and describe the stages of dying, including emotional support, physical changes and care through the palliative process • identify strategies and personal care services to assist the family through the grieving process, palliative care and procedures following death • describe the impact on the caregiver and outline ways to obtain physical assistance and emotional support. • identify and assess community support resources. 	<ul style="list-style-type: none"> • Stages of the lifespan. • Cultural diversities. <p>Video: <i>Death and Dying</i>.</p> <p>Support groups.</p> <ul style="list-style-type: none"> • Post-mortem care. • Bereavement support. <ul style="list-style-type: none"> • Interview palliative caregiving staff. • Positive impact of experiences.

MODULE CMH3060: HOME CARE 3 (SPECIAL CONDITIONS) (continued)

Concept	Specific Learner Expectations	Notes
Career Exploration	<p><i>The student should:</i></p> <ul style="list-style-type: none">• describe the role of a home care worker considering:<ul style="list-style-type: none">– ethics and legal responsibility– health care facilities and home support systems in Alberta– communication, client rapport and rights– cultural differences• identify employer expectations and role of the health team.	

