

# COSMETOLOGY STUDIES

## SECTION I: LEARNING RESOURCE GUIDE

This section of the GSI has been designed to provide a list of resources that support student learning.

Three types of resources are identified:

- **Authorized:** Resources authorized by Alberta Education for CTS curriculum; these resources are categorized as basic, support, or teaching
- **Other:** Titles provided as a service to assist local jurisdictions to identify resources that contain potentially useful ideas for teachers. Alberta Education has done a preliminary review of these resources, but further review will be necessary prior to use in school jurisdictions
- **Additional:** A list of local, provincial and national sources of information available to teachers, including the community, government, industry, and professional agencies and organizations.

The information contained in this Guide, although as complete and accurate as possible as of June 1997, is time-sensitive.

For the most up-to-date information on learning resources and newer editions/versions, consult the LRDC *Buyers Guide* and/or the agencies listed in the Distributor Directory at the end of this section.



**CTS is on the Internet.**  
Internet Address:  
<http://ednet.edc.gov.ab.ca>



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# INTRODUCTION

## CTS AND THE RESOURCE-BASED CLASSROOM

Career and Technology Studies (CTS) encourages teachers to establish a resource-based classroom, where a variety of appropriate, up-to-date print and nonprint resources are available. Learning resources identified for CTS strands include print, software, video and CD-ROM formats. Also of significance and identified as appropriate throughout each strand are sources of information available through the Internet.

The resource-based classroom approach accommodates a variety of instructional strategies and teaching styles, and supports individual or small group planning. It provides students with opportunities to interact with a wide range of information sources in a variety of learning situations. Students in CTS are encouraged to take an active role in managing their own learning. Ready access to a strong resource base enables students to learn to screen and use information appropriately, to solve problems, to meet specific classroom and learning needs, and to develop competency in reading, writing, speaking, listening and viewing.

## PURPOSE AND ORGANIZATION OF THIS DOCUMENT

The purpose of this document is to help teachers identify a variety of resources to meet their needs and those of the students taking the new CTS curriculum. It is hoped that this practical guide to resources will help teachers develop a useful, accessible resource centre that will encourage students to become independent, creative thinkers.

This document is organized as follows:

- Authorized Resources:
  - basic learning resources
  - support learning resources
  - teaching resources
- Other Resources
- Additional Sources
- Distributor Directory.

Some resources in the guide have been authorized for use in some or all of the CTS strands, e.g., the Career and Technology Studies video series produced by ACCESS: The Education Station. Further information is provided in relevant sections of this resource guide.

Each resource in the guide provides bibliographic information, an annotation where appropriate, and a module correlation to the CTS modules. The distributor code for each entry will facilitate ordering resources. It is recommended that teachers preview all resources before purchasing, or purchase one copy for their reference and additional copies as required.

Distributor Code	Resources		Levels/Mod. No.			1 = Introductory 2 = Intermediate 3 = Advanced  Indicates module number
			1	2	3	
ACC	Title	Author	1010	2010	3010	
	Bibliographic Information					
	Annotation					

Distributor Code - see Distributor Directory

## HOW TO ORDER

Most authorized resources are available from the Learning Resources Distributing Centre (LRDC) at:

12360 – 142 Street  
Edmonton, AB T5L 4X9  
Telephone: 403-427-5775 (outside of Edmonton dial 310-0000 to be connected toll free)  
Fax: 403-422-9750  
Internet: <http://ednet.edc.gov.ab.ca/lrdc>

Please check LRDC for availability of videos.

## RESOURCE POLICY

Alberta Education withdraws learning and teaching resources from the provincial list of approved materials for a variety of reasons; e.g., the resource is out of print; a new edition has been published; the program has been revised. Under section 44 (2) of the *School Act*, school boards may approve materials for their schools, including resources that are withdrawn from the provincial list. **Many school boards have delegated this power to approve resources to school staff or other board employees under section 45 (1) of the *School Act*.**

For further information on resource policy and definitions, refer to the *Student Learning Resources Policy* and *Teaching Resources Policy* or contact:

Learning Resources Unit, Curriculum Standards Branch  
Alberta Education  
5<sup>th</sup> Floor, Devonian Building, East Tower  
11160 Jasper Avenue  
Edmonton, AB T5K 0L2  
Telephone: 403-422-4872 (outside of Edmonton dial 310-0000 to be connected toll free)  
Fax: 403-422-0576  
Internet: <http://ednet.edc.gov.ab.ca>

**Note:** Owing to the frequent revisions of computer software and their specificity to particular computer systems, newer versions may not be included in this guide. However, schools may contact the LRDC directly at 403-427-5775 for assistance in purchasing computer software.

**Trademark Notices:** Microsoft, Access, Excel, FoxPro, Mail, MS-DOS, Office, PowerPoint, Project, Publisher, Visual Basic, Visual C++, Windows, Windows NT, Word, and Works are either registered trademarks or trademarks of Microsoft Corporation. Apple, Mac, Macintosh, and Power Macintosh are either registered trademarks or trademarks of Apple Computer, Inc. Other brand and product names are registered trademarks or trademarks of their respective holders.

## AUTHORIZED RESOURCES

### BASIC LEARNING RESOURCES

The following basic learning resources have been authorized by Alberta Education for use in the Cosmetology Studies curriculum. These resources address the majority of the learner expectations in one or more modules and/or levels. A curriculum correlation appears in the right-hand column.

Distributor Code	Resources	Levels/Module No.		
		1	2	3
LRDC	<p><i>Milady's Standard Textbook of Cosmetology.</i> (Revised edition.) Catherine Frangie (publisher). Albany, NY: Milady Publishing Company, 1994.</p> <p>Covers almost all content addressed in the Cosmetology curriculum. Supported by a career-oriented introduction, this resource is illustrated with an abundance of colour photographs and other graphics. Questions found in each chapter are answered in the appendix, which also includes a glossary and index of terms.</p> <p><b>Note:</b> The provincial Hairstylist apprenticeship examinations are based primarily on the contents of this resource.</p>	1010 to 1070	2020 to 2150 2170 2180 2210	3010 to 3240 3260 to 3290
LRDC	<p><i>Professional Cosmetologist, The.</i> (4th edition.) John W. Dalton. St. Paul, MN: West Publishing Company, 1992.</p> <p>Covers all aspects of cosmetology: careers, ethics, hygiene and sanitation, hair, shampooing, hairstyling and shaping, colouring, perming, skin care, manicuring, wigs, shaving, business, anatomy and chemistry.</p>	1010 to 1070	2120 to 2150 2170 2180 2210	3010 to 3240 3260 to 3290

## SUPPORT LEARNING RESOURCES

The following support learning resources are authorized by Alberta Education to assist in addressing some of the learner expectations of a module or components of modules.

Distributor Code	Resources	Levels/Module No.		
		1	2	3
LRDC	<p><i>Advanced Braiding Made Easy.</i> Jamie Rines Jones. Jupiter, FL: Helping Hand Productions, 1990. Video.</p> <p>Resource provides detailed procedures to create complex braids (e.g., four, five and mock 10 strand braids). Steps well defined, finger positions clearly shown, and starting and finishing techniques are clearly described and techniques shown. May be used as exemplar of advanced braiding performance.</p>	1020	2010	3020 3110 3270
LRDC	<p><i>A-Z's of Clipper Cutting, The: Everything You Have Ever Wanted to Know About Clipper Cutting.</i> Jim Jones. East Lansing, MI: Jim Jones Enterprises, Inc., 1993. Video.</p> <p>Part of a relatively unique series of videos that present a detailed approach to clipper-cutting of hair. Information is provided about different types of clippers and combs, as well as holding and handling techniques for each tool and attachment.</p> <p><b>Note:</b> Teachers should preview this resource to ensure that the language and tone used by the demonstrator will not cause offence among students and community members. In addition, teachers may use the video to generate student reaction to both the demonstrator's body language and cutting techniques.</p>		2040 2050	3050 3060 3070
LRDC	<p><i>Art and Science of Professional Makeup, The.</i> Stan Campbell Place. Tarrytown, NY: Milady Publishing Co., 1990.</p> <p>This resource supports advanced level modules relating to skin care and makeup. Includes special occasion and glamour makeup, special effects makeup and related business practices.</p>		2120 2130 2140 2200 2210	3140 to 3180 3260 3270
LRDC	<p><i>Braiding Made Easy.</i> Jamie Rines Jones. Jupiter, FL: Helping Hand Productions, 1989. Video.</p> <p>Provides step-by-step procedures for three braiding techniques. Finger positions used in each procedure are clearly shown. Techniques are transferable to both genders; however, only female gender is depicted.</p>	1020	2010	3020
LRDC	<p><i>Braids and More.</i> Andrea Jeffery. Calgary, AB: Zopfe Publishing Inc., 1991.</p> <p>Provides information on braiding from beginner level to advanced level. It also provides a glossary of terms and drawings that are both descriptive and useful.</p>	1020	2010	3020 3100 3270

**Support Learning Resources (Continued)**

Distributor Code	Resources	Levels/Module No.		
		1	2	3
LRDC	<p><i>Braids and Styles for Long Hair.</i> Andrea Jeffery and Vickie Turner. Calgary, AB: Zopf Publishing Inc., 1988.</p> <p>Eight chapters address content in introductory, intermediate and advanced level modules relating to basic braiding, intermediate braiding, self-braiding, advanced braiding, variations of ponytails, pigtails and rolls.</p>	1020	2010	3020 3100 3270
ACC	<p><i>Career and Technology Studies: Key Concepts Video Series.</i> Edmonton, AB: ACCESS: The Education Station.</p> <p>A series of videos and utilization guides relevant to all CTS strands. The series consists of: <i>Anatomy of a Plan; Creativity; Electronic Communication; The Ethics Jungle; Go Figure; Innovation; Making Ethical Decisions; Portfolios; Project Planning; Responsibility and Technical Writing.</i></p>	all	all	all
LRDC	<p><i>Clipper Cutting for the Entire Family.</i> Jim Jones. East Lansing, MI: Jim Jones Enterprises, Inc., 1991. Video.</p> <p>Part of a relatively unique series of videos that presents a detailed approach to clipper-cutting of hair. Information is provided about different types of clippers and combs, as well as holding and handling techniques for each tool and attachment.</p> <p><b>Note:</b> Teachers should preview this resource to ensure that the language and tone used by the demonstrator will not cause offence among students and community members. In addition, teachers may use the video to generate student reaction to both the demonstrator's body language and cutting techniques.</p>		2040 2050	3050 3060 3070
LRDC	<p><i>Color Me Beautiful: Discovering Your Natural Beauty Through Color.</i> KVC Home Video, 1992. Video.</p> <p>This video presents colour theory relative to enhancing personal appearance. This resource will be of interest to both junior and senior high school students interested in improving their own appearance and in using colour in the world of professional cosmetology.</p>	1060	2090 2120 2130 2140 2190	3110 3140 3150 3160 3240 3250 3260
LRDC	<p><i>Faces for Teens: A Step-by-Step Guide to Healthy Skin and Great Makeup.</i> Rexdale, ON: McIntyre Media Ltd., 1991. Video (45 minutes).</p> <p>This video provides a fast-paced introduction to facial care and grooming, focusing on teenaged girls. Instruction is provided on alternative skin care and makeup procedures. The resource relates personal appearance to personality, refers to the role of the professional esthetician and promotes practice, practice, practice. Male facial care and grooming are not addressed.</p>	1010 1060		

## Support Learning Resources (Continued)

Distributor Code	Resources	Levels/Module No.		
		1	2	3
LRDC	<p><i>Hair Coloring: A Hands On Approach.</i> Patricia Spencer. Albany, NY: Milady Publishing Co., 1991.</p> <p>This resource deals with colour theory and practical application of temporary, semi-permanent and permanent colour, theory and practical knowledge of lightening, toning and dye removal.</p>		2090 2100 2110	3110 3120 3130
LRDC	<p><i>Hairdressing for Women and Men.</i> Ghislaine Gaudreau and Jacqueline Roy. Boucherville, PQ: E. Vezine Editeur, 1989.</p> <p>Provides introductory information on selected cosmetology topics including hair and scalp analysis and treatments, haircutting, forming and finishing, chemical services and male facial grooming.</p>	1010 1030 1040 1050	2020 to 2060 2080 to 2110 2170	3010 3030 3040 3050 3080 3130 3170 3180 3270 3280
LRDC	<p><i>Massage and Aromatherapy: A Practical Approach for NVQ Level.</i> L. Goldberg. Stanley Thornes (Publishers) Ltd., 1995.</p> <p>Content covers the working environment, massage and systems of the body, massage techniques and routines, essential oils and aromatherapy massage.</p>	1060	2120 2130 2150 2170	3140 3160 3200 3210
LRDC	<p><i>Men's Hairstyling and Beard Design.</i> Jim Jones. East Lansing, MI: Jim Jones Enterprises Inc., 1990. Video.</p> <p>One of a series of haircutting videos presented by Jim Jones. Provides detailed step-by-step procedures on seven models featuring flat-top haircut, natural tapered neckline, razor cut on long hair and a thinning shears curly cut on thick hair. Beard design and trimming are also featured on three models.</p>			3170 3180
LRDC	<p><i>Milady's Art and Science of Nail Technology.</i> Sheila Furjanic and Jacqueline Flynn (editors). Albany, NY: Milady Publishing Co., 1992.</p> <p>This resource supports introductory, intermediate and advanced manicuring modules: The advanced level focuses on manicuring, principles and practices of nail tipping, nail wrapping, acrylic nail applications and the use of nail gels and nail art.</p>	1070	2150 2160 2170 2210	3140 3240 to 3270

## Support Learning Resources(Continued)

Distributor Code	Resources	Levels/Module No.		
		1	2	3
LRDC	<p><i>Milady's Hair Additions: The Fourth Dimension.</i> Jayne Charlotte. Albany, NY: The Fourth Dimension, Milady Publishing Co., 1991.</p> <p>This resource provides an overview of the origins, purpose and types of hair used in hair goods. Detailed, step-by-step procedures are provided.</p>		2010	3020 3230 3240 3250
LRDC	<p><i>Milady's Salon Receptionist's Handbook.</i> Judy Ventura. Albany, NY: Milady Publishing Co., 1993.</p> <p>This resource supports the principle that a salon's receptionist is a key member of a salon's service team.</p>		2210	3280
LRDC	<p><i>Milady's Standard Textbook of Professional Barber-Styling.</i> Maura T. Scali-Sheahan. Albany, NY: Milady Publishing Co., 1993.</p> <p>24 chapters focus on professional image; bacteriology, ster/sani, tools; skin, scalp, hair structure and treatment; facials, shaving, haircutting, hairstyling; mustache and beard design; permanent waving, hair colouring, chemical relaxing; nails and manicures; electricity and light therapy; chemistry; anatomy and physiology, marketing, management, licensing laws and job search.</p>	1010 1030 to 1070	2020 to 2110 2180 2210	3010 3030 to 3130 3150 to 3190 3270
LRDC	<p><i>Milady's Standard Textbook for Professional Estheticians.</i> (7<sup>th</sup> edition.) Joel Gerson. USA: Milady Publishing Co., 1992.</p> <p>Addresses content in the modules relating to: professional image, bacteriology, history of skin care, cells, anatomy, physiology, disorders of the skin, dermatology, special esthetic procedures, chemistry, nutrition, ingredient and product analysis, client consultation and preparation, massage, facial treatments, removing unwanted hair, male skin care, enemies of the skin, cosmetic surgery, aromatherapy, makeup techniques, salon business and products knowledge.</p>	1060	2120 2130 2140 2200 2210	3140 3150 3160 3280
LRDC	<p><i>Milady's Practical Theory Workbook.</i> (Revised.) Linnea Lindquist (editor). Albany, NY: Milady Publishing Co., 1995. Workbook.</p> <p>This workbook has been written to meet the needs, interests and abilities of students receiving training in cosmetology. This workbook directly follows the practical information found in the student textbook. Pages to be read and studied are listed at the beginning of each chapter. It should be used together with <i>Milady's Standard Textbook of Cosmetology (Revised)</i> and <i>Milady's Standard Theory Workbook</i>.</p>	1010 to 1070	2020 to 2150 2170 2180 2210	3010 to 3240 3260 3270 3280

## Support Learning Resources (Continued)

Distributor Code	Resources	Levels/Module No.		
		1	2	3
LRDC	<p><i>Milady's Standard Theory Workbook. (Revised.)</i> Linnea Lindquist (editor). Albany, NY: Milady Publishing Co., 1995. Workbook.</p> <p>Questions or worksheets address content in the modules relating to professional images, bacteriology, draping, haircutting, styling, permanent waving, hair colouring, chemical relaxing, soft curl permanent, thermal straightening, manicuring, pedicuring, nails and its disorders, massage, facials, makeup, skin and its disorders, removing unwanted hair, cells, anatomy, physiology, electrically and light therapy, chemistry and salon business. Correlates with <i>Milady's Standard Textbook of Cosmetology (Revised)</i>.</p>	1010 to 1070	2020 to 2150 2170 2180 2210	3010 to 3240 3260 to 3290
LRDC	<p><i>Milady's Tech Nails, Extensions, Wraps &amp; Nail Art.</i> Tammy Bigan. Albany, NY: Milady Publishing Co., 1992.</p> <p>This resource is best suited to the advanced level modules. Key topics include nail tipping, nail wraps, acrylic and sculpted nail techniques, patches and other nail repair techniques.<sup>7</sup></p>		2150 2160 2170 2210	3190 3240 to 3270
LRDC	<p><i>Planning Your Cosmetology Career.</i> Mary Murphy-Martin. Englewood Cliffs, NJ: Prentice-Hall Inc., 1994.</p> <p>A career planning workbook oriented to the cosmetology industry includes information of the job search process and self-assessment worksheets.</p>	1010		3010
LRDC	<p><i>Practical Make-Up.</i> L. Meredith. Milady Publishing. NP Group, 1994.</p> <p>This resources provides a broad introduction to make-up, tools, techniques and styles and provides explanation of application techniques supported by fully coloured illustrations and questions at the end of each chapter.</p> <p><b>Note:</b> Teachers prior to using this resource are encouraged to review the references to race/ethnicity. Ensure that this resource would be appropriate for use with all students in the class.</p>	1060	2120 2130 2140	3140 3150 3160

## Support Learning Resources (Continued)

Distributor Code	Resources	Levels/Module No.		
		1	2	3
LRDC	<p><i>Stage Makeup</i>. (8<sup>th</sup> edition.) Richard Corson. Englewood Cliffs, NJ: Prentice-Hall Inc., 1990.</p> <p>Provides a broad perspective on the history, theory and practice of theatrical makeup. Key themes include basic principles, planning and applying theatrical makeup and the construction and application of hair goods and prostheses.</p>	1080	2190 2200	3010 3240 to 3270
LRDC	<p><i>Styling Competition: A Guide to Winning Technique</i>. Emma Ayala. Bronx, NY: Milady Publishing Co., 1992.</p> <p>Topics relate to intermediate and advanced level modules on forming and finishing, design process, competition work, styling, judging, face and body painting.</p>			3020
LRDC	<p><i>Talk Hair Talk</i>. The Altschul Group. Scarborough, ON: Omega Films, 1989.</p> <p>This 27-minute video presents a wide variety of people explaining the significance of their hair styles and the attitudes and beliefs that they have towards hair.</p> <p><b>Note:</b> This resource may be useful for introducing grooming from a cultural perspective.</p>	1010		3010

## TEACHING RESOURCES

The following teaching resources are authorized by Alberta Education to assist teachers in the instructional process.

Distributor Code	Resources	Levels/Module No.		
		1	2	3
LRDC	<p><i>Body Therapy and Facial Work.</i> M. Rosser. Pippin Publishing Ltd., 1994.</p> <p>Provides a comprehensive approach to skin and body care in general and to facial care and treatment in particular. The text includes information relating to body and skin care in the areas of chemistry, physical, biology, hygiene and the application of this knowledge in practical business-orientated contexts.</p>	1060	2120 2130 2140 2200 2210	3140 to 3180 3260 3270
LRDC	<p><i>Milady's Standard Practical Answers to Workbook.</i> (Revised.) Linnea Lindquist. Albany, NY: Milady Publishing, 1995. Teacher's Edition.</p> <p>See Support Learning Resources for annotation and module correlation.</p>			
LRDC	<p><i>Milady's Standard Theory Answers to Workbook.</i> (Revised.) Linnea Lindquist. Albany, NY: Milady Publishing, 1995. Teacher's Edition.</p> <p>See Support Learning Resources for annotation and module correlation.</p>			
LRDC	<p><i>Milady's State Exam Review for Cosmetology.</i> Linnea Lindquist. Albany, NY: Milady Publishing, 1995.</p> <p>This resource provides a comprehensive set of multiple choice questions to support chapters contained in the <i>Milady Standard Textbook of Cosmetology</i>.</p>	all	all	all

# COSMETOLOGY STUDIES RESOURCES

## THEME CODE:

- A. Images & Practices
- B. Hair & Scalp Care
- C. Haircutting
- D. Chemical Services: Permanent Waving
- E. Chemical Services: Haircolouring

- F. Skin Care
- G. Male Facial Grooming
- H. Nail Care
- I. Special Effects/Services
- J. Enterprise and Competition

## FORMAT CODE:

- p* - Print
- v* - Video
- s* - Software

## STATUS CODE:

- B* - Basic
- S* - Support
- T* - Teaching
- O* - Other

## LEVEL CODE:

- 1 - Introductory
- 2 - Intermediate
- 3 - Advanced

## JR/SR HIGH CODE:

- J - Junior High
- S - Senior High

LEVEL				1	1	1	1	1	1	1	1	1	2	2	2	2	2	2	2	2	2	2	2	2
THEME				A	B	B	B	D	F	H	F	B	B	B	C	C	D	D	D	E	E	E	E	F
	<i>Format</i>	<i>Status</i>	<i>Junior/Senior High</i>	Personal Images	Hair Graphics 1	Hair & Scalp Care 1	Forming and Finishing 1	Permanent Waving 1	Skin Care 1	Manicuring 1	Theatrical Makeup 1	Hair Graphics 2	Hair & Scalp Care 2	Forming & Finishing 2	Haircutting 1	Hair Care & Cutting 1	Permanent Waving 2	Permanent Waving 3	Permanent Waving 4	Colouring 1	Colour Removal 1	Colour & Removal 1	Facials & Makeup 1	
Module Number				1010	1020	1030	1040	1050	1060	1070	1080	2010	2020	2030	2040	2050	2060	2070	2080	2090	2100	2110	2120	
A-Z's of Clipper Cutting, The: Everything You Have Ever Wanted to Know About Clipper Cutting	<i>v</i>	<i>S</i>	<i>S</i>												X	X								
Advanced Braiding Made Easy	<i>v</i>	<i>S</i>	<i>J/S</i>		X							X												
Art and Science of Professional Makeup, The	<i>p</i>	<i>S</i>	<i>S</i>																				X	
Body Therapy and Facial Work	<i>p</i>	<i>T</i>	<i>J/S</i>					X															X	
Braiding Made Easy	<i>v</i>	<i>S</i>	<i>J/S</i>		X							X												
Braids and More	<i>p</i>	<i>S</i>	<i>J/S</i>		X							X												
Braids and Styles for Long Hair	<i>p</i>	<i>S</i>	<i>J/S</i>		X							X												
Clipper Cutting for the Entire Family	<i>v</i>	<i>S</i>	<i>S</i>												X	X								
Color Me Beautiful: Discovering Your Natural Beauty Through Color	<i>v</i>	<i>S</i>	<i>J/S</i>					X												X			X	
Haircoloring: A Hands On Approach	<i>p</i>	<i>S</i>	<i>S</i>																	X	X	X		
Hairdressing for Women and Men	<i>p</i>	<i>S</i>	<i>J/S</i>	X		X	X	X					X	X	X	X	X		X	X	X	X		
Massage and Aromatherapy: A Practical Approach for NVQ Level	<i>p</i>	<i>S</i>	<i>J/S</i>					X															X	
Men's Hairstyling and Beard Design	<i>p</i>	<i>S</i>	<i>S</i>																					
Milady's Art and Science of Nail Technology	<i>p</i>	<i>S</i>	<i>J/S</i>							X														
Milady's Hair Additions: The Fourth Dimension	<i>p</i>	<i>S</i>	<i>S</i>									X												
Milady's Practical Theory Workbook	<i>p</i>	<i>S</i>	<i>J/S</i>	X	X	X	X	X	X	X			X	X	X	X	X	X	X	X	X	X	X	X
Answers, Teacher's Edition	<i>p</i>	<i>T</i>	<i>J/S</i>																					
Milady's Salon Receptionist's Handbook	<i>p</i>	<i>S</i>	<i>S</i>																					
Milady's Standard Textbook for Professional Estheticians (7th Ed.)	<i>p</i>	<i>S</i>	<i>J/S</i>						X														X	
Milady's Standard Textbook of Cosmetology	<i>p</i>	<i>B</i>	<i>J/S</i>	X	X	X	X	X	X	X			X	X	X	X	X	X	X	X	X	X	X	X
Milady's Standard Textbook of Professional Barber-Styling	<i>p</i>	<i>S</i>	<i>J/S</i>	X		X	X	X	X	X			X	X	X	X	X	X	X	X	X	X		
Milady's Standard Theory Workbook	<i>p</i>	<i>S</i>	<i>J/S</i>	X	X	X	X	X	X	X			X	X	X	X	X	X	X	X	X	X	X	X
Answers, Teacher's Edition	<i>p</i>	<i>T</i>	<i>J/S</i>																					
Milady's State Exam Review for Cosmetology	<i>p</i>	<i>T</i>	<i>J/S</i>	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Milady's Tech Nails, Extensions, Wraps & Nail Art	<i>p</i>	<i>S</i>	<i>S</i>																					
Planning Your Cosmetology Career	<i>p</i>	<i>S</i>	<i>J/S</i>	X																				
Practical Make-Up	<i>p</i>	<i>S</i>	<i>J/S</i>					X															X	
Professional Cosmetologist (4th Ed.)	<i>p</i>	<i>B</i>	<i>J/S</i>	X	X	X	X	X	X	X													X	
Stage Makeup (8th Ed.)	<i>p</i>	<i>S</i>	<i>J/S</i>								X													
Styling Competition: A Guide to Winning Technique	<i>p</i>	<i>S</i>	<i>S</i>																					
Faces for Teens: A Step-by-Step Guide to Healthy Skin and Great Makeup	<i>v</i>	<i>S</i>	<i>J/S</i>	X				X																
Talk Hair Talk	<i>v</i>	<i>S</i>	<i>J/S</i>	X																				

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- A. Images & Practices
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## FORMAT CODE:

- p - Print
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## STATUS CODE:

- B - Basic
- S - Support
- T - Teaching
- O - Other

## LEVEL CODE:

- 1 - Introductory
- 2 - Intermediate
- 3 - Advanced

## JR/SR HIGH CODE:

- J - Junior High
- S - Senior High

LEVEL				2	2	2	2	2	2	2	2	2	2	3	3	3	3	3	3	3	3	3	3
THEME				F	F	H	H	H	I	I	J	J	J	A	B	B	B	C	C	C	D	D	D
	<i>Format</i>	<i>Status</i>	<i>Junior/Senior High</i>	Facials & Makeup 2	Skin Care 1	Manicuring 2	Nail Art	Manicuring 3	Hair Pieces & Extensions	Theatrical Makeup 2	Historical Cosmetology	Sales & Service 1	Professional Practices	Long Hair Graphics	Hair & Scalp Care 3	Hair & Scalp Care 4	Haircutting 2	Haircutting 3	Hair Care & Cutting 2	Permanent Waving 5	Relax & Straighten	Wave, Relax & Straighten H	
Module Number				2130	2140	2150	2160	2170	2180	2190	2200	2210	3010	3020	3030	3040	3050	3060	3070	3080	3090	3100	
A-Z's of Clipper Cutting, The: Everything You Have Ever Wanted to Know About Clipper Cutting	v	S	S														X	X	X				
Advanced Braiding Made Easy	v	S	S											X									
Art and Science of Professional Makeup, The	p	S	S	X	X						X	X											
Body Therapy and Facial Work	p	T	S	X	X						X	X											
Braiding Made Easy	v	S	J/S											X									
Braids and More	p	S	J/S											X								X	
Braids and Styles for Long Hair	p	S	J/S											X								X	
Clipper Cutting for the Entire Family	v	S	S														X	X	X				
Color Me Beautiful: Discovering Your Natural Beauty Through Color	v	S	J/S	X	X					X													
Haircoloring: A Hands On Approach	p	S	S																				
Hairdressing for Women and Men	p	S	J/S					X					X		X	X	X			X	X	X	
Massage and Aromatherapy: A Practical Approach for NVQ Level	p	S	J/S	X		X		X															
Men's Hairstyling and Beard Design	p	S	S																				
Milady's Art and Science of Nail Technology	p	S	J/S			X	X	X				X											
Milady's Hair Additions: The Fourth Dimension	p	S	J/S											X									
Milady's Practical Theory Workbook	p	S	J/S	X	X	X		X	X			X	X	X	X	X	X	X	X	X	X	X	
Answers, Teacher's Edition	p	T	J/S																				
Milady's Salon Receptionist's Handbook	p	S	S									X											
Milady's Standard Textbook for Professional Estheticians (7th Ed.)	p	S	J/S	X	X						X	X											
Milady's Standard Textbook of Cosmetology	p	B	J/S	X	X	X		X	X			X	X	X	X	X	X	X	X	X	X	X	
Milady's Standard Textbook of Professional Barber-Styling	p	S	S						X			X	X		X	X	X	X	X	X	X	X	
Milady's Standard Theory Workbook	p	S	J/S	X	X	X		X	X			X	X	X	X	X	X	X	X	X	X	X	
Answers, Teacher's Edition	p	T	J/S																				
Milady's State Exam Review for Cosmetology	p	T	J/S	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
Milady's Tech Nails, Extensions, Wraps & Nail Art	p	S	S			X	X	X				X											
Planning Your Cosmetology Career	p	S	J/S										X										
Practical Make-Up	p	S	J/S	X	X																		
Professional Cosmetologist (4th Ed.)	p	B	J/S	X	X	X		X	X			X	X	X	X	X	X	X	X	X	X	X	
Stage Makeup (8th Ed.)	p	S	J/S							X	X		X										
Styling Competition: A Guide to Winning Technique	p	S	S											X									
Faces for Teens: A Step-by-Step Guide to Healthy Skin and Great Makeup	v	S	J/S																				
Talk Hair Talk	v	S	J/S										X										

# COSMETOLOGY STUDIES RESOURCES

## THEME CODE:

- A. Images & Practices
- B. Hair & Scalp Care
- C. Haircutting
- D. Chemical Services: Permanent Waving
- E. Chemical Services: Haircolouring

- F. Skin Care
- G. Male Facial Grooming
- H. Nail Care
- I. Special Effects/Services
- J. Enterprise and Competition

## FORMAT CODE:

- p - Print
- v - Video
- s - Software

## STATUS CODE:

- B - Basic
- S - Support
- T - Teaching
- O - Other

## LEVEL CODE:

- 1 - Introductory
- 2 - Intermediate
- 3 - Advanced

## JR/SR HIGH CODE:

- J - Junior High
- S - Senior High

LEVEL				3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3
THEME				E	E	E	F	F	F	G	G	H	H	H	I	I	I	I	I	J	J	J
	<i>Format</i>	<i>Status</i>	<i>Junior/Senior High</i>	Colouring 2	Colour Removal 2	Colour & Removal 2	Body Therapy	Hair Removal	Skin Care 3	Male Facial Grooming 1	Male Facial Grooming 2	Nail Technology	Pedicuring	Nail Care	Wigs & Toupees	Hair Goods	Theatrical Makeup 3	Theatrical Makeup 4	Facial & Body Adornment	Creative Cosmetology	Sales & Services 2	Competition Cosmetology
Module Number				3110	3120	3130	3140	3150	3160	3170	3180	3190	3200	3210	3220	3230	3240	3250	3260	3270	3280	3290
A-Z's of Clipper Cutting, The: Everything You Have Ever Wanted to Know About Clipper Cutting	v	S	S																			
Advanced Braiding Made Easy	v	S	S	X																X		
Art and Science of Professional Makeup, The	p	S	S				X	X	X	X	X								X	X		
Body Therapy and Facial Work	p	T	S				X	X	X	X	X								X	X		
Braiding Made Easy	v	S	J/S																			
Braids and More	p	S	J/S																	X		
Braids and Styles for Long Hair	p	S	J/S																	X		
Clipper Cutting for the Entire Family	v	S	S																			
Color Me Beautiful: Discovering Your Natural Beauty Through Color	v	S	J/S	X			X	X	X								X	X	X			
Haircoloring: A Hands On Approach	p	S	S	X	X	X																
Hairdressing for Women and Men	p	S	J/S	X	X	X				X	X									X	X	
Massage and Aromatherapy: A Practical Approach for NVQ Level	p	S	J/S				X		X				X	X								
Men's Hairstyling and Beard Design	p	S	S							X	X											
Milady's Art and Science of Nail Technology	p	S	J/S				X										X	X	X	X		
Milady's Hair Additions: The Fourth Dimension	p	S	J/S													X	X	X				
Milady's Practical Theory Workbook	p	S	J/S	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		X	X	X
Answers, Teacher's Edition	p	T	J/S																			
Milady's Salon Receptionist's Handbook	p	S	S																		X	
Milady's Standard Textbook for Professional Estheticians (7th Ed.)	p	S	J/S				X	X	X												X	
Milady's Standard Textbook of Cosmetology	p	B	J/S	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		X	X	X
Milady's Standard Textbook of Professional Barber-Styling	p	S	S	X	X	X		X	X	X	X	X								X		
Milady's Standard Theory Workbook				X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		X	X	X
Workbook	p	S	J/S																			
Answers, Teacher's Edition	p	T	J/S																			
Milady's State Exam Review for Cosmetology	p	T	J/S	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Milady's Tech Nails, Extensions, Wraps & Nail Art	p	S	S									X					X	X	X	X		
Planning Your Cosmetology Career	p	S	J/S																			
Practical Make-Up	p	S	J/S				X	X	X													
Professional Cosmetologist (4th Ed.)	p	B	J/S	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		X	X	X
Stage Makeup (8th Ed.)	p	S	J/S														X	X	X	X		
Styling Competition: A Guide to Winning Technique	p	S	S																			
Faces for Teens: A Step-by-Step Guide to Healthy Skin and Great Makeup	v	S	J/S																			
Talk Hair Talk	v	S	J/S																			



## ADDITIONAL SOURCES

Available to Career and Technology Studies (CTS) teachers, locally and provincially, are many sources of information that can be used to enhance CTS. These sources are available through the community (e.g., libraries, boards, committees, clubs, associations) and through government agencies, resource centres and organizations. Some sources, e.g., government departments, undergo frequent name and/or telephone number changes. Please consult your telephone directory or an appropriate government directory.

The following is a partial list of sources to consider:

### TEACHER-LIBRARIANS

Planned and purposeful use of library resources helps students grow in their ability to gather, process and share information. Research activities require access to an adequate quantity and variety of appropriate, up-to-date print and nonprint resources from the school library, other libraries, the community and additional sources. Some techniques to consider are:

- planning together
- establishing specific objectives
- integrating research skills into planning.

Cooperation between the teacher-librarian and the subject area teacher in the development of effectively planned resource-based research activities ensures that students are taught the research skills as well as the subject content. Also see *Focus on Research: A Guide to Developing Student's Research Skills* referenced in the Alberta Education resources section.

### ALBERTA EDUCATION SOURCES

Alberta Government telephone numbers can be reached toll free from outside Edmonton by dialing 310-0000.

The following monographs are available for purchase from the Learning Resources Distributing Centre. Refer to the Distributor Directory at the end of this section for address, telephone, fax and Internet address.

Please consult the "Support Documents" section or the "Legal, Service and Information Publications" section in the LRDC *Buyers Guide* for ordering information and costs.

#### Developmental Framework Documents

- *The Emerging Student: Relationships Among the Cognitive, Social and Physical Domains of Development*, 1991 (Stock No. 161555)

This document examines the child, or student, as a productive learner, integrating all the domains of development: cognitive, social and physical. It emphasizes the need for providing balanced curriculum and instruction.

- *Students' Interactions Developmental Framework: The Social Sphere*, 1988 (Stock No. 161399)

This document examines children's perceptual, structural and motor development and how such physical development affects certain learning processes.

- *Students' Physical Growth: Developmental Framework Physical Dimension*, 1988 (Stock No. 161414)

This document examines children's normal physical growth in three areas: perceptual, structural and motor development. In none of these areas is the child's growth in a single continuous curve throughout the first two decades of life. Physical growth is characterized by periods of rapid growth and periods of slower growth. Consequently, differences and changes in growth patterns may affect the timing of certain learning processes.

#### Other

- *Focus on Research: A Guide to Developing Students' Research Skills*, 1990 (Stock No. 161802)

This document outlines a resource-based research model that helps students manage information effectively and efficiently, and gain skills that are transferable to school and work situations. This model provides a developmental approach to teaching students how to do research.

- *Teaching Thinking: Enhancing Learning*, 1990 (Stock No. 161521)

Principles and guidelines for cultivating thinking, ECS to Grade 12, have been developed in this resource. It offers a definition of thinking, describes nine basic principles on which the suggested practices are based, and discusses possible procedures for implementation in schools and classrooms.

#### ACCESS: The Education Station

ACCESS: The Education Station offers a variety of resources and services to teachers. For a nominal dubbing and tape fee, teachers may have ACCESS: The Education Station audio and video library tapes copied. ACCESS: The Education Station publishes listings of audio and video cassettes as well as a comprehensive programming schedule.

Of particular interest are the CTS videos, which are available with utilization guides. The guides outline key points in each video and suggest questions for discussion, classroom projects and other activities. Video topics are listed in the Support Learning Resources section of this guide. The videos and accompanying support material can be obtained from ACCESS: The Education Station. Refer to the Distributor Directory at the end of this section for address, telephone, fax and Internet address.

#### GOVERNMENT SOURCES

##### National Film Board of Canada (NFB)

The NFB has numerous films and videotapes that may be suitable for Career and Technology Studies strands. For a list of NFB films and videotapes indexed by title, subject and director, or for purchase of NFB films and videotapes, call 1-800-267-7710 (toll free) or Internet address: <http://www.nfb.ca>

ACCESS: The Education Station and some school boards have acquired duplication rights to some NFB videotapes. Please contact ACCESS: The Education Station or consult the relevant catalogues in your school or school district.

The Edmonton Public Library and the Calgary Public Library have a selection of NFB films and videotapes that can be borrowed free of charge with a Public Library borrower's card. For further information, contact:

Edmonton Public Library  
Telephone: 403-496-7000

Calgary Public Library  
Telephone: 403-260-2650

For further information contact:

##### Statistics Canada

Regional Office  
8th Floor, Park Square  
10001 Bellamy Hill  
Edmonton, AB T5J 3B6  
Telephone: 403-495-3027  
Fax: 403-495-5318  
Internet address: <http://www.statcan.ca>

Statistics Canada produces periodicals, reports, and an annual year book.

## **Resource Centres**

### ***Urban Resource Centres***

#### **Instructional Services**

Elk Island Public Schools  
2001 Sherwood Drive  
Sherwood Park, AB T8A 3W7  
Telephone: 403-464-8235  
Fax: 403-464-8033  
Internet Address: <http://ei.educ.ab.ca>

#### **Learning Resources Centre**

Red Deer Public School Board  
4747 – 53 Street  
Red Deer, AB T4N 2E6  
Telephone: 403-343-8896  
Fax: 403-347-8190

#### **Instructional Materials Centre**

Calgary Separate School Board  
6220 Lakeview Drive SW  
Calgary, AB T3E 5T1  
Telephone: 403-298-1679  
Fax: 403-249-3054

#### **School, Student, Parent Services Unit**

Program and Professional Support Services  
Sub Unit  
Calgary Board of Education  
3610 – 9 Street SE  
Calgary, AB T2G 3C5  
Telephone: 403-294-8542  
Fax: 403-287-9739

After July 1, 1997, please contact the School, Student, Parent Services Unit regarding the relocation of the Loan Pool Resource Unit.

#### **Learning Resources**

Edmonton Public School Board  
Centre for Education  
One Kingsway Avenue  
Edmonton, AB T5H 4G9  
Telephone: 403-429-8387  
Fax: 403-429-0625

#### **Instructional Materials Centre**

Medicine Hat School District No. 76  
601 – 1 Avenue SW  
Medicine Hat, AB T1A 4Y7  
Telephone: 403-528-6719  
Fax: 403-529-5339

#### **Resource Centre**

Edmonton Catholic Schools  
St. Anthony's Teacher Centre  
10425 – 84 Avenue  
Edmonton, AB T6E 2H3  
Telephone: 403-439-7356  
Fax: 403-433-0181

#### **Instructional Media Centre**

Northern Lights School Division No. 69  
Bonnyville Centralized High School  
4908 – 49 Avenue  
Bonnyville, AB T9N 2J7  
Telephone: 403-826-3366  
Fax: 403-826-2959

### ***Regional Resource Centres***

#### **Zone 1**

Zone One Regional Resource Centre  
P.O. Box 6536  
10020 – 101 Street  
Peace River, AB T8S 1S3  
Telephone: 403-624-3187  
Fax: 403-624-5941

#### **Zone 2/3**

Central Alberta Media Services (CAMS)  
182 Sioux Road  
Sherwood Park, AB T8A 3X5  
Telephone: 403-464-5540  
Fax: 403-449-5326

#### **Zone 4**

Information and Development Services  
Parkland Regional Library  
5404 – 56 Avenue  
Lacombe, AB T4L 1G1  
Telephone: 403-782-3850  
Fax: 403-782-4650  
Internet Address: <http://rtt.ab.ca.rtt/prl/prl.htm>

## **Zone 5**

South Central Alberta Resource Centre (SCARC)  
Golden Hills Regional Division  
435A Hwy 1  
Westmount School  
Strathmore, AB T0J 3H0  
Telephone: 403-934-5028  
Fax: 403-934-5125

## **Zone 6**

Southern Alberta Learning Resource Centre  
(SALRC)  
Provincial Government Administration Building  
909 Third Avenue North, Room No. 120  
Box 845  
Lethbridge, AB T1J 3Z8  
Telephone: 403-320-7807  
Fax: 403-320-7817

## **BOOKSTORES/TRADE SHOWS**

A range of cosmetology-related magazines and other publications are usually available through local bookstores. Trade shows also provide opportunities to review and purchase publications depicting national and international trends and techniques in cosmetology related areas.

## DISTRIBUTOR DIRECTORY

The entries in the Distributor Directory are arranged alphabetically by code.

CODE	Distributor/Address	Contact Via
ACC	ACCESS: The Education Station 3270 – 76 Avenue Edmonton, AB T6B 2N9	403-440-7777 Fax: 403-440-8899 1-800-352-8293 <a href="http://www.ccinet.ab.ca/access">http://www.ccinet.ab.ca/access</a>
LRDC	Learning Resources Distributing Centre 12360 – 142 Street Edmonton, AB T5L 4X9	403-427-5775 Fax: 403-422-9750 <a href="http://ednet.edc.gov.ab.ca/lrdc">http://ednet.edc.gov.ab.ca/lrdc</a>

