

## MODULE COS1030: HAIR & SCALP CARE 1

**Level:** Introductory

**Theme:** Hair and Scalp Care

**Prerequisite:** COS1010 Personal Images

**Module Description:** Students analyze and describe the structure and condition of hair and scalp, as well as identify and use basic cleansing and surface conditioning products.

**Module Parameters:** Access to a personal and professional grooming facility.

**Note:** Journeyman hairstylist qualification required.

### Curriculum and Assessment Standards

Module Learner Expectations	Assessment Criteria and Conditions	Suggested Emphasis
<p><i>The student will:</i></p> <ul style="list-style-type: none"> <li>describe the structure, functions and conditions of the hair and scalp</li> <li>describe internal and external factors that may affect the hair and scalp</li> <li>select and use a variety of hair and scalp care products and implements to perform hair and scalp care treatments including brushing, combing, cleansing and conditioning</li> <li>perform hair and scalp care treatments in a safe and sanitary manner</li> <li>demonstrate basic competencies.</li> </ul>	<p><i>Assessment of student achievement should be based on:</i></p> <ul style="list-style-type: none"> <li><b>Concept Testing</b> in which the student will:               <ul style="list-style-type: none"> <li>given 30 questions relating to hair and scalp care, answer a minimum of 25 questions correctly.</li> </ul> </li> </ul> <p><i>Assessment Tool</i> <i>Board Exam Review for Cosmetology:</i></p> <ul style="list-style-type: none"> <li><i>Draping</i></li> <li><i>Shampooing, Rinsing and Conditioning</i></li> </ul>	20
	<ul style="list-style-type: none"> <li><b>Process</b> in which the student will:               <ul style="list-style-type: none"> <li>analyze a minimum of six hair and scalps and record the analyses on a record chart.</li> </ul> </li> </ul>	20
	<ul style="list-style-type: none"> <li><b>Product</b> in which the student will:               <ul style="list-style-type: none"> <li>perform brushing, combing, cleansing and conditioning treatments to quality standards indicated on a hair and scalp care performance chart</li> <li>follow safe and sanitary industry practices as indicated on a hair and scalp care performance chart.</li> </ul> </li> </ul> <p><i>Assessment Tool</i> <i>COSTAT1030: Hair &amp; Scalp Care 1</i> <i>COSSAT1030: Hair &amp; Scalp Care 1</i></p>	40
	<ul style="list-style-type: none"> <li><b>Observations</b> of individual effort and interpersonal interaction during the learning process.</li> </ul> <p><i>Assessment Tool</i> <i>Basic Competencies Reference Guide and any assessment tools noted above</i></p>	20
		Integrated throughout

**MODULE COS1030: HAIR & SCALP CARE 1 (continued)**

Concept	Specific Learner Expectations	Notes
Hair Structure and Functions	<p><i>The student should:</i></p> <ul style="list-style-type: none"> <li>• identify and describe basic structures of hair:               <ul style="list-style-type: none"> <li>– cuticle</li> <li>– cortex</li> <li>– medulla</li> </ul> </li> <li>• describe the functions of hair.</li> </ul>	Access to and use of a good microscope will facilitate learning.
Hair and Scalp Conditions	<ul style="list-style-type: none"> <li>• identify and describe basic conditions of hair:               <ul style="list-style-type: none"> <li>– normal</li> <li>– oily</li> <li>– dry</li> <li>– chemically processed</li> </ul> </li> <li>• identify and describe basic conditions of the scalp:               <ul style="list-style-type: none"> <li>– normal</li> <li>– oily</li> <li>– dry</li> <li>– flaky</li> </ul> </li> <li>• describe factors affecting the condition of the hair and scalp:               <ul style="list-style-type: none"> <li>– physical</li> <li>– chemical</li> <li>– health</li> <li>– wellness.</li> </ul> </li> </ul>	
Cleansing and Conditioning Products	<ul style="list-style-type: none"> <li>• identify products available to cleanse and condition hair and scalp for:               <ul style="list-style-type: none"> <li>– personal use</li> <li>– professional use.</li> </ul> </li> </ul>	Contact manufacturers, jobbers, drug and department stores.
Hair Brushing and Combing	<ul style="list-style-type: none"> <li>• handle hair brushes and combs correctly to remove tangles, control and direct hair</li> <li>• section hair and handle a hair brush correctly to release excess scalp tissue and help remove unwanted hair coatings; e.g., hair spray, grit.</li> </ul>	

**MODULE COS1030: HAIR & SCALP CARE 1** (continued)

Concept	Specific Learner Expectations	Notes
Draping	<p><i>The student should:</i></p> <ul style="list-style-type: none"> <li>• describe the purpose and materials used to drape a client</li> <li>• drape client for a wet service</li> <li>• remove draping after completing the wet service.</li> </ul>	
Shampooing	<ul style="list-style-type: none"> <li>• identify steps in the shampooing procedure</li> <li>• drape and protect the client</li> <li>• analyze the basic condition of the hair and scalp</li> <li>• select a shampoo appropriate to the condition of the hair and scalp</li> <li>• perform each step in the shampooing procedure in the correct order including:               <ul style="list-style-type: none"> <li>– wetting</li> <li>– applying and distributing shampoo</li> <li>– massaging the scalp</li> <li>– rinsing</li> <li>– checking</li> <li>– towel drying.</li> </ul> </li> </ul>	
Conditioning	<ul style="list-style-type: none"> <li>• analyze the basic condition of the hair and scalp and determine the need for conditioning</li> <li>• select an instant conditioner appropriate to the needs of the hair and scalp</li> <li>• read and interpret the manufacturer’s instructions for using the selected conditioner</li> <li>• apply conditioner according to manufacturer’s instructions</li> <li>• allow conditioner to process, if necessary</li> <li>• complete conditioning process as instructed.</li> </ul>	

**MODULE COS1030: HAIR & SCALP CARE 1** (continued)

Concept	Specific Learner Expectations	Notes
Safety and Sanitation	<p><i>The student should:</i></p> <ul style="list-style-type: none"><li>• identify and follow safe and sanitary practices</li><li>• protect client and client's property while providing services</li><li>• maintain a clean, safe work area</li><li>• sanitize and return equipment and materials to proper storage/laundry areas after use.</li></ul>	Obtain local and provincial health and safety regulations.