

## MODULE COS1070: MANICURING 1

**Level:** Introductory

**Theme:** Nail Care

**Prerequisite:** COS1010 Personal Images

**Module Description:** Students identify the functions, shapes and basic structure of fingernails, conditions of hands and fingernails, and perform a plain manicure.

**Module Parameters:** Access to a personal or professional personal grooming facility.

### Curriculum and Assessment Standards

| Module Learner Expectations   | Assessment Criteria and Conditions   | Suggested Emphasis    |
|---|--|-----------------------|
| <p><i>The student will:</i></p> <ul style="list-style-type: none"> <li>• describe the functions and identify and describe the:               <ul style="list-style-type: none"> <li>– basic structure of fingernails</li> <li>– common fingernail shapes</li> <li>– factors affecting the conditions of fingernails</li> </ul> </li> <li>• identify resources used to perform a plain manicure</li> <li>• analyze hands and nails, perform plain manicures and follow safe and sanitary practices</li> <li>• demonstrate basic competencies.</li> </ul> | <p><i>Assessment of student achievement should be based on:</i></p> <ul style="list-style-type: none"> <li>• <b>Concept Testing</b> in which the student will:               <ul style="list-style-type: none"> <li>– given a 30-item test relating to manicuring, answer a minimum of 25 items correctly.</li> </ul> </li> </ul> <p><i>Assessment Tool</i><br/><i>Board Exam Review for Cosmetology:</i></p> <ul style="list-style-type: none"> <li>– <i>Manicuring and Pedicuring</i></li> </ul> | 40                    |
|   | <ul style="list-style-type: none"> <li>• <b>Process and Product</b> in which the student will:               <ul style="list-style-type: none"> <li>– perform, using safe and sanitary practices, six manicures including:                   <ul style="list-style-type: none"> <li>• hand and nail analyses</li> <li>• plain manicures.</li> </ul> </li> </ul> </li> </ul> <p><i>Assessment Tool</i><br/><i>COSTAT1070: Manicuring 1</i></p>  | 30<br>30              |
|   | <ul style="list-style-type: none"> <li>• <b>Observations</b> of individual effort and interpersonal interaction during the learning process.</li> </ul> <p><i>Assessment Tool</i><br/><i>Basic Competencies Reference Guide and any assessment tools noted above</i></p>   | Integrated throughout |

| Concept          | Specific Learner Expectations  | Notes |
|------------------|--|-------|
| Manicure Defined | <p><i>The student should:</i></p> <ul style="list-style-type: none"> <li>• define the following terms:               <ul style="list-style-type: none"> <li>– manicure</li> <li>– manicurist.</li> </ul> </li> </ul> |       |

**MODULE COS1070: MANICURING 1** (continued)

| Concept  | Specific Learner Expectations   | Notes  |
|--|---|--|
| Nail Physiology  | <p><i>The student should:</i></p> <ul style="list-style-type: none"> <li>• identify and describe the functions of nails.</li> </ul>   |  |
| Nail Anatomy   | <ul style="list-style-type: none"> <li>• identify and describe the basic structure of nails and surrounding tissues</li> <li>• describe parts of the nail that may be enhanced by a manicurist.</li> </ul>  |  |
| Nail Conditions, Disorders, Diseases   | <ul style="list-style-type: none"> <li>• describe factors affecting nail condition:               <ul style="list-style-type: none"> <li>– heredity</li> <li>– environment</li> <li>– chemicals</li> <li>– health</li> <li>– wellness</li> </ul> </li> <li>• recognize common disorders and diseases of nails and surrounding tissues</li> <li>• describe conditions that may be treated by a manicurist or cosmetologist.</li> </ul>   | Consult doctor (e.g., dermatologist) or nurse.             |
| Nail Shapes  | <ul style="list-style-type: none"> <li>• identify common nail shapes.</li> </ul>  |  |
| Manicuring <ul style="list-style-type: none"> <li>• Procedure</li> <li>• Resources</li> <li>• Performing a Plain Manicure</li> </ul> | <ul style="list-style-type: none"> <li>• list the steps in a plain manicure procedure</li> <li>• identify, describe and list equipment, tools and other materials required to perform a plain manicure</li> <li>• follow an established procedure to complete a plain manicure including:               <ul style="list-style-type: none"> <li>– client preparation</li> <li>– hand and nail analysis</li> <li>– nail filing and shaping</li> <li>– nail cleansing</li> <li>– cuticle shaping</li> <li>– protective/cosmetic applications.</li> </ul> </li> </ul> |  |
| Safety and Sanitation  | <ul style="list-style-type: none"> <li>• identify and follow safe and sanitary practices when using manicuring equipment, tools and supplies</li> <li>• treat minor cuts</li> <li>• maintain a clean, safe work area</li> <li>• sanitize and return materials to proper storage areas after use</li> <li>• dispose of waste materials in an environmentally safe manner.</li> </ul>   | Review local and provincial health and safety regulations. |