

COURSE COS2150: MANICURING 2**Level:** Intermediate**Theme:** Nail Care**Prerequisites:** COS1070 Manicuring 1
COS1010 Personal Images**Description:** Students describe the anatomy of the arm and hand, identify diseases and disorders of the hands and nails and hand and nail conditions that may be treated by a manicurist, and recommend and perform services for treatable conditions.**Parameters:** Access to a professional esthetology facility.**Curriculum and Assessment Standards**

General Outcomes	Assessment Criteria and Conditions	Suggested Emphasis
<p><i>The student will:</i></p> <ul style="list-style-type: none"> recognize conditions, disorders and diseases of the hands and nails, describe conditions and disorders that may be treated by a manicurist, and suggest treatments for each condition or disorder analyze treatable hand and nail conditions, perform a variety of manicuring services including plain and oil manicures, and hand and arm massage demonstrate basic competencies. 	<p><i>Assessment of student achievement should be based on:</i></p> <ul style="list-style-type: none"> Concept Testing in which the student will: <ul style="list-style-type: none"> given 30 test items relating to manicuring, respond correctly to a minimum of 25 items. <p><i>Assessment Tool</i> <i>Board Exam Review for Cosmetology:</i></p> <ul style="list-style-type: none"> <i>Manicuring and Pedicuring</i> <i>The Nail and Its Disorders</i> 	25
	<ul style="list-style-type: none"> Process and Product in which the student will: <ul style="list-style-type: none"> analyze a minimum of three hands and nails select and perform suitable manicuring services. <p><i>Assessment Tool</i> <i>COSTAT2150: Manicuring 2</i> <i>COSSAT2150: Manicuring 2</i></p>	75
	<ul style="list-style-type: none"> Observations of individual effort and interpersonal interaction during the learning process. <p><i>Assessment Tool</i> <i>Basic Competencies Reference Guide and any assessment tools noted above</i></p>	Integrated throughout

COURSE COS2150: MANICURING 2 (continued)

Concept	Specific Outcomes	Notes
Anatomy and Physiology	<p><i>The student should:</i></p> <ul style="list-style-type: none"> • identify and describe the basic structure of the arm and hand • explain the relationships among the various parts of nails and their surrounding tissues • describe how nails grow • describe the major muscles, nerves and bones that control/coordinate the workings of the shoulders, arms and hands. 	
Hand and Nail Disorders and Diseases	<ul style="list-style-type: none"> • explain how manicure-related muscles, nerves, bones and other tissues may be affected by: <ul style="list-style-type: none"> – disease – improper care – diet – chemicals • identify the technical terms used to describe specific nail disorders and diseases • list and describe disorders that may be treated by a cosmetologist/manicurist • describe services that may be used to treat nail and nail-related disorders. 	
Equipment, Cosmetics and Implements	<ul style="list-style-type: none"> • identify equipment, manicure cosmetics and implements required to perform manicure services including: <ul style="list-style-type: none"> – plain manicures – oil manicures – electric manicures • describe materials required to perform hand and arm massage. 	

MODULE COS2150: MANICURING 2 (continued)

Concept	Specific Learner Expectations	Notes
<p>Hand and Nail Analysis</p>	<p><i>The student should:</i></p> <ul style="list-style-type: none"> • analyze the condition of hands and nails to determine: <ul style="list-style-type: none"> – treatable/non-treatable conditions – appropriate manicure-related services • analyze the shape of hands, fingers and nails to determine appropriate shapes for fingernails • describe the effects of different nail shapes on the appearance of hands/fingers • distinguish between male and female hand shapes and preferred nail shapes. 	
<p>Special Manicure Services</p> <ul style="list-style-type: none"> • Oil Manicures • Electric Manicures • Treatable Disorders 	<ul style="list-style-type: none"> • describe the purpose of an oil manicure • access and prepare equipment, cosmetics and implements needed to perform an oil manicure • list and describe the procedure used to perform an oil manicure • list and describe safety and sanitation precautions followed when performing oil manicures • perform an oil manicure • describe the advantages/disadvantages of using electric manicure machines • list and describe the procedure used to perform an electric manicure • list and describe safety and sanitation precautions followed when performing an electric manicure • demonstrate techniques/procedures used to treat treatable disorders of the nail and surrounding tissues 	

MODULE COS2150: MANICURING 2 (continued)

Concept	Specific Learner Expectations	Notes
<ul style="list-style-type: none"> • Hand and Arm Massage • Related Services* 	<p><i>The student should:</i></p> <ul style="list-style-type: none"> • describe the purpose of hand and arm massage • describe the types of manipulations used when performing hand and arm massage • list the procedure used to perform hand and arm massage • perform hand and arm massage • identify related services used to enhance the condition and appearance of nails 	
<p>Safety and Sanitation</p>	<ul style="list-style-type: none"> • identify and follow safe and sanitary practices for each manicure service • maintain a clean, safe work area • sanitize and return materials to proper storage areas after use • dispose of waste materials in an environmentally safe manner. 	<p>Review local and provincial health and safety regulations.</p>

*Related services are addressed in the Nail Art (COS2160) and Nail Technology (COS3190) modules.