

COURSE COS3200: PEDICURING**Level:** Advanced**Theme:** Nail Care**Prerequisites:** COS1070 Manicuring 1
COS1010 Personal Images**Description:** Students describe relationships between a manicure and pedicure, and identify and demonstrate a pedicuring procedure, including foot massage.**Parameters:** Access to a professional esthetology facility and equipment.**Curriculum and Assessment Standards**

General Outcomes	Assessment Criteria and Conditions	Suggested Emphasis
<p><i>The student will:</i></p> <ul style="list-style-type: none"> describe the purpose of pedicuring and the relationship between a manicure and pedicure identify and describe the basic structure of feet and the diseases and disorders that may affect feet analyze feet, determine their suitability for pedicure services, prepare a pedicure work area, and perform pedicure procedures including foot massage demonstrate basic competencies. 	<p><i>Assessment of student achievement should be based on:</i></p> <ul style="list-style-type: none"> Process and Product in which the student will: <ul style="list-style-type: none"> analyze feet and toe nails select and perform a minimum of three pedicuring services. <p><i>Assessment Tool</i> <i>COSTAT3200: Pedicuring</i></p> <ul style="list-style-type: none"> Observations of individual effort and interpersonal interaction during the learning process. <p><i>Assessment Tool</i> <i>Basic Competencies Reference Guide and any assessment tools noted above</i></p>	<p>40 60</p> <p>Integrated throughout</p>

COURSE COS3200: PEDICURING (continued)

Concept	Specific Outcomes	Notes
Pedicure Defined	<p><i>The student should:</i></p> <ul style="list-style-type: none"> • define the terms pedicure and pedicurist • compare manicuring with pedicuring. 	
Anatomy and Physiology	<ul style="list-style-type: none"> • identify and describe the basic structure of the feet, toes and toenails • explain the relationship among the various parts of the nail and surrounding tissues. 	
Foot and Nail Disorders, Diseases and Treatments	<ul style="list-style-type: none"> • list and describe disorders and diseases of the feet and nails that <ul style="list-style-type: none"> – may be treated by a pedicurist – may not be treated by a pedicurist. 	
Foot and Nail Analysis	<ul style="list-style-type: none"> • analyze the condition of feet and toenails to determine treatable/non-treatable conditions • list and describe the procedure and purpose of services that may be used to treat treatable foot and toenail conditions. 	
Equipment, Cosmetics and Implements	<ul style="list-style-type: none"> • identify, describe and demonstrate safe and sanitary use of pedicure equipment, cosmetics and implements. 	
Pedicure Services	<ul style="list-style-type: none"> • perform pedicure services including: <ul style="list-style-type: none"> – client analysis and consultation – foot and nail preparation – nail and cuticle shaping – foot massage – conditioning – nail polishing, if required. 	<p>The nail-wax/baths/ treatments may be appropriately used to condition feet.</p>
Safety and Sanitation	<ul style="list-style-type: none"> • identify and follow safe and sanitary pedicure procedures • perform first aid for minor cuts • maintain a clean, safe work area • sanitize and return materials to proper storage areas after use • dispose of waste materials in an environmentally safe manner. 	<p>Review local and provincial health and safety regulations.</p>