

MODULE FAS2080: ACTIVEWEAR

Level: Intermediate

Theme: Production

Prerequisite: FAS1030 Ready, Set, Sew!

Module Description: Students learn how to make unique, attractive and serviceable activewear.

Module Parameters: Access to sewing-related equipment.

Supporting Module: FAS1040 Fashion Basics

Curriculum and Assessment Standards

| Module Learner Expectations | Assessment Criteria and Conditions | Suggested Emphasis |
|---|---|--------------------|
| <p><i>The student will:</i></p> <ul style="list-style-type: none"> • identify requirements of activewear patterns and fabrics • identify care for activewear fabrics | <p><i>Assessment of student achievement should be based on:</i></p> <ul style="list-style-type: none"> • analysis consisting of researching three activewear fabrics in terms of: <ul style="list-style-type: none"> – use (specific/versatile; advantage/disadvantage) – comfort (e.g., wearability, breathability) – protection (e.g., wind, cold, heat, moisture) – care – cost. <p><i>Assessment Tool</i> <i>Practical Lab Experiences: Activewear, FAS2080-1</i></p> <p><i>Standard</i> <i>A minimum performance rating of 2 in each applicable area of assessment</i></p> | 20 |
| <ul style="list-style-type: none"> • demonstrate correct use of supplies, tools and techniques used in sewing activewear • demonstrate and apply knowledge and management skills in the assembly of an activewear garment | <ul style="list-style-type: none"> • project in which a student selects and makes an activewear project demonstrating a minimum of four intermediate sewing techniques. <p><i>Assessment Tool</i> <i>Framework for Assessing a Project, FASAFP-2</i> <i>Practical Lab Experiences: Activewear, FAS2080-1</i> <i>Fashion Studies Standards for Intermediate Skills/Techniques, FASSTD-2</i></p> <p><i>Standard</i> <i>A minimum performance rating of 2 in each applicable area of assessment</i></p> | 70 |

MODULE FAS2080: ACTIVEWEAR (continued)

| Concept | Specific Learner Expectations | Notes |
|-------------------------------------|---|---|
| Skills, Techniques and Applications | <p><i>The student should:</i></p> <ul style="list-style-type: none"> • demonstrate competency in a minimum of five intermediate level techniques not previously demonstrated • apply learnings to selected project. | <p>Possible projects:</p> <ul style="list-style-type: none"> • swimsuit, gymnastic wear, bicycling shorts and shirt, windbreaker, raincoat, polar fleece jacket, insulated jacket, ski jacket, ski pant. |
| Portfolio/Career Exploration | <ul style="list-style-type: none"> • produce a portfolio of ongoing work • identify and describe related careers and opportunities. | |

